



FOURTH STREET CLINIC
HOMELESSNESS HURTS.
HEALTH CARE HELPS.

FALL 2013

[When the Dental Clinic opens in January 2014, homeless Utahns will have better access to comprehensive oral health care to save their teeth and bring back smiles.]



OPENING JANUARY 2014

Fourth Street Dental Clinic Brings Back Smiles

A visit—any day—to the Fourth Street Clinic's waiting room quickly reveals that for those living in poverty, dental care is both a top priority and virtually nonexistent. Dani's mom lost her teeth by the time she was 40 years old, so Dani just expects it to happen to her. Behind her sits Sam who is leaning against the wall with ice to his face as he waits for a follow up medical appointment for a recent tooth extraction. In front of Sam is Sidney who hasn't had teeth in five years and looks forward to the day that he can eat solid food and smile again. When asked who else in the waiting room has trouble with their teeth, 80 percent raise their hands*.

Fourth Street Clinic, in operation for 25 years, is Utah's only nonprofit that provides comprehensive health care and support services to homeless Utahns. With a staff of 50 and a volunteer network of more than 150, Fourth Street Clinic serves 3,800 homeless men, women and children with medical, mental health, substance abuse and pharmacy services. By increasing homeless Utahns' access to primary care, Fourth Street Clinic is a major partner in ending homelessness, promoting community health, and achieving across-the-board health care savings.

Until now, oral health care has been a major service gap for uninsured, poor Utahns, as decayed or missing teeth erode self-confidence, contribute to unemployment and keep people homeless. Oral health also profoundly affects overall health. Infections from gum abscesses can spread to the neck, heart and brain and quickly become life threatening¹. Diseased teeth are often painful and interfere with vital functions such as eating, swallowing and talking². Thanks to a \$2.9 million capital improvement grant, Fourth Street Clinic is finishing construction on a four-chair, on-site dental clinic. When the clinic opens in January 2014, homeless Utahns will have better access to comprehensive oral health care to save their teeth and bring back smiles.

* Taken from an interview with Fourth Street Clinic and the Deseret News

¹ Utah Oral Health Coalition. *2012 Oral Health Fact Sheet*.

² US Department of Health and Human Services, Centers for Disease Control and Prevention. *Oral Health for Adults*. December 2006.

Accreditation means that our patients receive some of the best health care in the country and their health is improving because of it.

Christina Gallop, Medical Director



Fourth Street Clinic Receives Highest National Accreditation

Fourth Street Clinic has achieved AAAHC Medical Home Accreditation—the highest achievement in primary care.

Criteria for medical home accreditation are that primary care is patient-centered, accessible, comprehensive and continuous. Care must meet individual patient needs as well as nationally recognized quality standards.

“Precisely because our patients are homeless and in crisis, they need the very best health care that can be delivered,” stated Fourth Street Clinic Medical Director Dr. Christina Gallop. “Accreditation means that our patients receive some of the best health care in the country and their health is improving because of it.”



Patient-Centered Comprehensive Health Care: A Case Study

Tamera lives along the Jordan River and doesn't like to interact with other homeless individuals. She says it is hard enough to find a secluded place to sleep, let alone being faced with the breakdowns and violent tendencies of other homeless individuals while seeking services. But when the pain in her foot got worse, she didn't have a choice and made an appointment at Fourth Street Clinic. She was relieved to find a safe, stable and clean space where she could receive medical care.

Her provider team brought her to an exam room, her medical assistant took her vitals, and she met her doctor, who asked her a series of questions about her health and safety. After treating her foot, her provider asked her about breast cancer screening and family history. Knowing her grandmother had had breast cancer, Tamera told the doctor that she didn't want to know if she had it; she'd rather live without the knowledge of disease than deal with it head on. After some discussion about the importance of early detection, Tamera was scheduled for a mammogram at a local community health center.

Three weeks later, her provider team was able to tell her with confidence that she was cancer free. Tamera is now working with a clinic case manager to apply for housing.

Handmade Teddy Bears

*Make the Perfect
Stocking Stuffer!*

Buy your bear today and support Fourth Street Clinic. Buy one for you, one for the kids, or one to be given away at a pediatric appointment. Small bears \$15. Large bears \$25.

Call Kim at 385.234.5702 or email kimb@fourthstreetclinic.org

**Homelessness Hurts.
Health Care Helps.**



**GIVE ONE
RAISE TWO**

December 1 - 10, 2013

**Double your donation at
FourthStreetClinic.org**



SPECIAL THANKS TO OUR MATCHING GRANT SPONSORS

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10 Days: 10 Ways to Help

10. Get to know your homeless programs

Societal change doesn't happen overnight, but success is readily seen in individuals served.

9. See homelessness

Homelessness is all around us; so are the solutions.

8. Acknowledge the individual

People become homeless for many different reasons. Everybody is different.

7. Smile and speak with respect

Homeless people are used to body language and words that chip away at optimism and hope. Civility and politeness go a long way.

6. Start a community service project

Get engaged. Visit fourthstreetclinic.org for ideas.

5. Become informed

Homelessness and poverty usually stem from public policy more so than personal character.

4. Advocate

Tell your representatives that you value community programs that reduce poverty and homelessness.

3. Keep (or get) health insurance

Medical catastrophies cause 62% of personal bankruptcies and put everyone at risk for homelessness.

2. Tell a friend

Pass along your knowledge and compassion.

1. GIVE

**Double your donation
December 1-10, 2013 through**

GIVE ONE RAISE TWO

Where Does Your Money Go?

GIVE ONE RAISE TWO donations will be doubled through several matching grants and will fund primary care, mental health, substance abuse and pharmacy services for uninsured, homeless Utahns. Contributions will also help open a dental clinic in January 2014 to integrate oral health care services for homeless Utahns.

**Yes! I want to double my donation
December 1-10, 2013 through
GIVE ONE RAISE TWO**

NAME

ADDRESS

PHONE

EMAIL

I want to contribute \$ _____

I would like to make an additional donation of
\$ _____ to help launch the Dental Clinic

My check is enclosed. Please mail to:

**Fourth Street Clinic
409 West 400 South
Salt Lake City, Utah 84101**

Please charge my

VISA AMEX MasterCard Discover

CREDIT CARD NUMBER

SEC. CODE (FOR AMEX 4 DIGIT CODE IS ON THE FRONT)

EXP. DATE

Donate online at fourthstreetclinic.org



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Medicaid Expansion and Health Care Reform

Most Utahns who live in poverty and have lost their homes do not qualify for Utah's Medicaid insurance program. This is because to qualify, one must be both poor *and* have dependents or be disabled. Every day at Fourth Street Clinic, we see the devastating effects that this double hit of no home and no health insurance has on self worth, hope and health. It shakes families for generations. We also see the life-changing impact of access to health care on men, women, children and families. It enables them to get back on their feet and into the mainstream of life again.

The Fourth Street Clinic Board of Directors has considered the following in its deliberations:

- Although Fourth Street Clinic is a large scale coordinator of volunteer medical services, and appreciates their worth, we also know that volunteer services will not adequately fill the health care needs of those who are currently uninsured.
- Without Medicaid expansion, the poorest Utahns will remain uninsured because they will not be eligible for subsidies on the health insurance exchange and will remain subject to current Medicaid eligibility criteria.
- In reviewing the options presented at the Governor's Health Care Summit, we believe that expanding Medicaid is the most economical and widely accessible means to helping those in poverty move toward better health and out of homelessness.

THEREFORE:

As the only primary health care provider for homeless Utahns and after careful review of all the alternatives, the Fourth Street Clinic Board of Directors endorses a full expansion of the Medicaid Program—eliminating all categorical restrictions and making health insurance accessible to all poor residents.

New Address, Same Location

Fourth Street Clinic is still in the same location, but the official address has changed. Please note the new address:

409 West 400 South
Salt Lake City, Utah 84101